



Orientation 2023

Supporting Your Horned Frog

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Orientation Schedule
Access through
Guidebook App



Overview



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AFFAIRS

New Student
& Family Programs

- The transition
- Being a co-pilot
- Tips from current families
- Preparation
- FAQs
- Engaging with TCU



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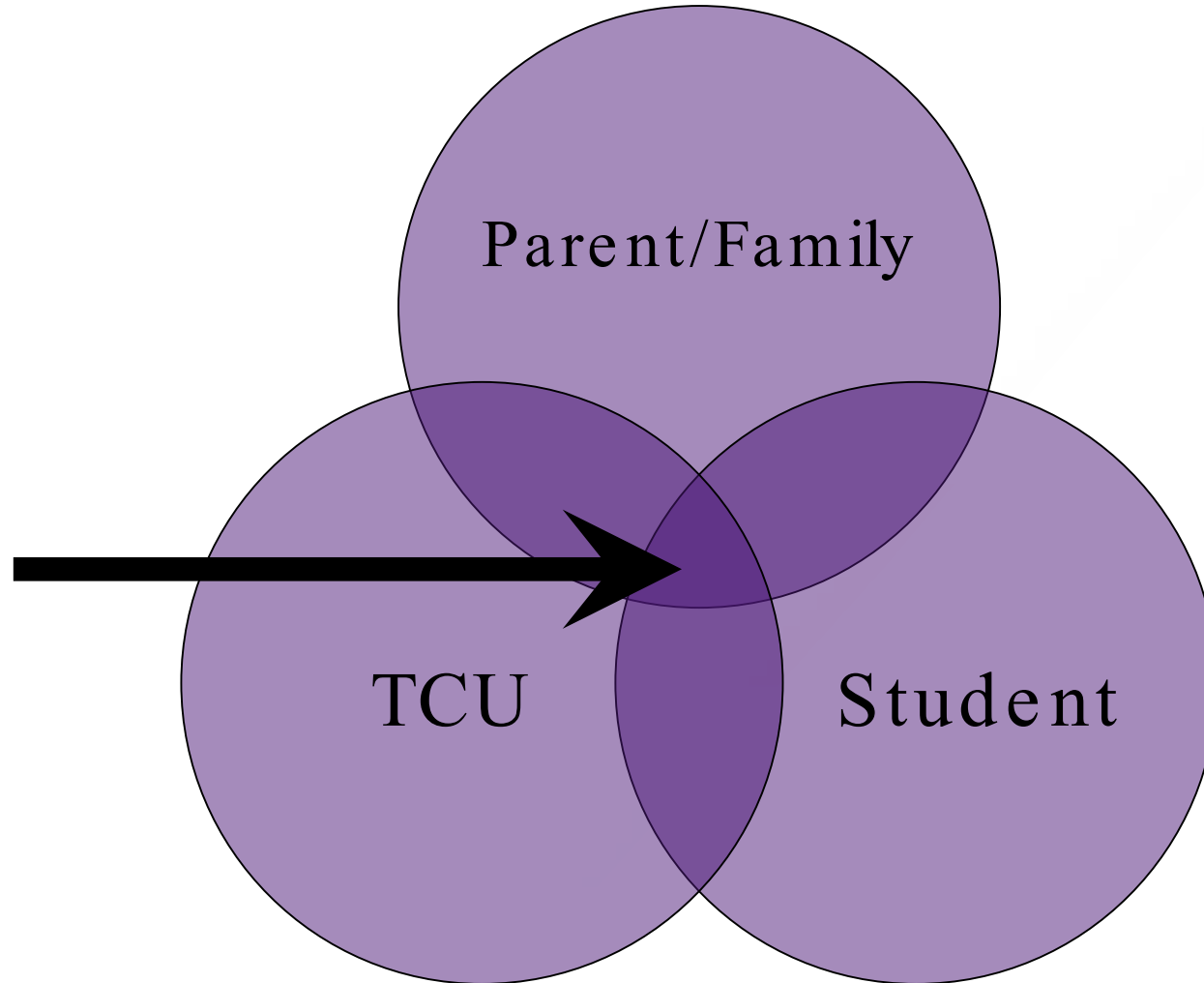
Our Roles



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Same Goal:
Graduation!



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The transition



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- **It's a family experience.**
- **It's different for everyone.**
- **Acknowledge the changes.**



Being the co-pilot



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A copilot to your student means you...

- Guide
- Support
- Validate
- Ask questions
- Role model
- Encourage advocacy



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Tips from current families:



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- **Housing, it will all work out somehow. Particularly hard for us parents with A type personalities, consider this a practice of patience. My student did not get housing on-campus as a transfer but she connected with others in Orientation and used the resources available to find off-campus housing.**
- **Don't believe everything you hear about the food. From a parent of a transfer student, it is actually amazing compared to many other college campuses. Okay, the Salmon can be dry sometimes, not all colleges serve Salmon! When possible, encourage your student to avoid the "transition" times when they're going from breakfast to lunch, lunch to dinner.**



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Tips from current families:



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- **My student did get ill once, I wish I would have planned ahead. This includes knowing more details about the Health Center and packed an "if you get ill" bag with medication, soup, electrolytes, etc.**
- **Discuss mental health with your student and how to reach out for help. Make sure your student knows about the 24/7 TCU Help Line and the nationwide 988 hotline. Remind them about the counseling office at TCU. College is a new experience and can cause stress for students, even those we wouldn't expect.**



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Preparing this summer:



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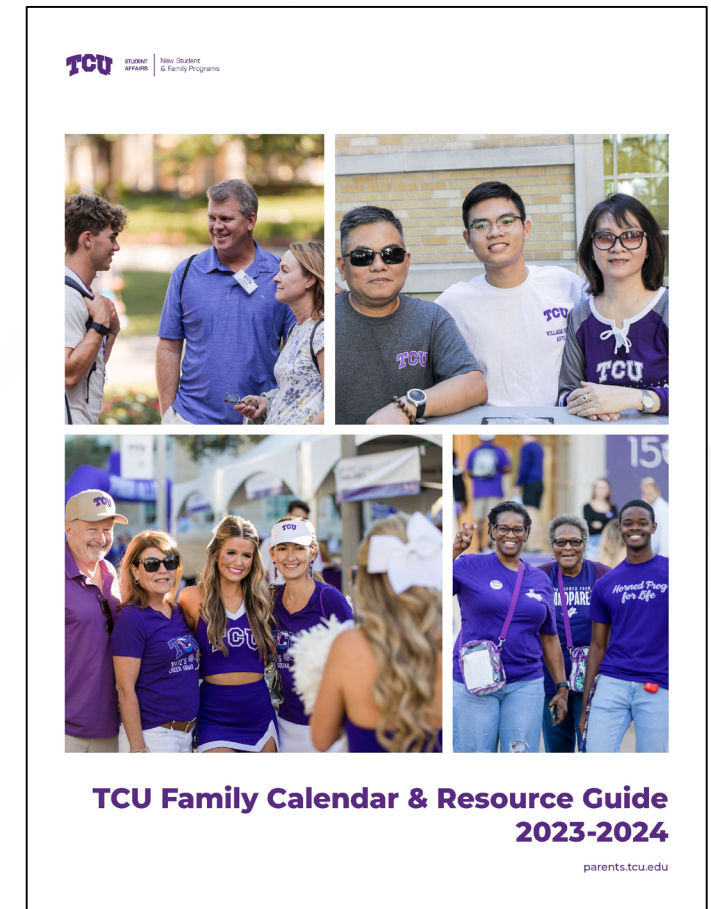
■ Conversations

- Communication
- Visits
- The uncomfortable

■ Responsibilities

■ Independence

- Problem solving ... “what would you do?”
- Answer questions with questions!



Frequently asked questions...



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- Money
- Safety
 - FrogShield
- Food
- Transportation
- Health & Wellbeing
 - Health Center
 - Counseling Center – 24/7 Line
 - Recreation Center
 - Religious & Spiritual Life

Campus Services & Resources



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- **Family Calendar & Resource Guide**
- **Dean of Students Office**
 - 817-257-7926 | deanofstudents.tcu.edu
 - Student of Concern Form (non-emergency)
- **People**
 - Orientation Leader
 - Resident Assistants
 - Staff/Faculty/Advisors
 - Peer Mentors (UNLF)



Engaging w TCU



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- **The “F” word... FERPA**
 - “Grant Access to Others”
- **Parent & Family Advisory Council**
 - Interest Form Open Now!
- **Parent & Family Programs Facebook Page**
 - Facebook/TCUParentFamilyPrograms
- **Parent Association Facebook Group**
 - Facebook/groups/ TCUParentsAssociation



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Family Weekend



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September 22 -24

- Registration Open: It's FREE!
 - Register and get early access to Football Tickets v SMU
- Parent & Family Tailgate
 - \$30/adult, TCU students need a ticket
- Purchase “swag” online

familyweekend.tcu.edu



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Now what...



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- Orientation
 - Student Panel Day 2, 1:00pm
- Conversations
- Transition to the co-pilot seat
- Asking open ended questions
- Plan



TCU

150

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Presentation Links



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